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Carol Normandi, M.S., MFT and Laurelee Roark, They are the authors of It s Not About Food: End Your Obsession with Food and Weight,

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Laurelee roark (author of it's not about food)

Laurelee Roark is the author of Your Name Is Edith (5.00 avg rating, 1 rating, 0 reviews, published 2008), It's Not about Food (3.84 avg rating, 44 ratin

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